

Dear

1st4sport Level 2 Certificate in Coaching Football
Course Ref: L2CCFOCT2010

Thank you very much for your interest in football coaching courses offered by the Herefordshire Football Association, in particular the 1st4sport Level 2 Certificate in Coaching Football.

The initial week of course training is as follows:

OCTOBER HALF TERM 2010 INITIAL TRAINING WEEK	Mon 25 th October	Theory & Practical	9.00am - 6.00pm
	Tues 26 th October	Theory & Practical	9.00am - 6.00pm
	Weds 27 th October	Theory & Practical	9.00am - 6.00pm
	Thurs 28 th October	Theory & Practical	9.00am - 6.00pm
	Friday 29 th October	Theory & Practical	9.00am - 6.00pm
	Sat 30 th October	Theory & Practical	9.00am - 6.00pm

The cost of the course and ***scheduled assessment*** is **£200.00** per person for participants attached to and working with Herefordshire FA Charter Standard Schools Clubs. The course cost for participants not attached to a FA Charter Standard Club is **£220.00**.

COURSE NOTES

In addition to the course dates scheduled above, further support and external assessment dates will be discussed and agreed with learners when the course starts.

PLEASE BE AWARE THAT SHOULD YOU NOT ATTEND THE SCHEDULED EXTERNAL ASSESSMENT DAYS FOR WHATEVER REASON YOU WILL BE REQUIRED TO PAY A FURTHER CHARGE OF £50.00 TO ATTEND AN ALTERNATIVE EXTERNAL ASSESSMENT WHETHER THAT IS IN HEREFORDSHIRE OR ELSEWHERE.

Learners are expected to have completed the FA Safeguarding Children In Football workshop (formerly FA Child Protection & Best Practice) and the FA Emergency Aid workshop or equivalent either before the course of training or before the final external assessment. The cost of these workshops is not included in the Level 2 course cost. Candidates are also expected to complete all necessary course tasks prior to the final assessment. The Herefordshire FA will not provide an alternative external assessment opportunity for candidates who do not attend on the agreed external assessment dates. A re-assessment opportunity for candidates will be organised for those who were unsuccessful if necessary.

All courses require a minimum number of participants who have fully booked prior to the course start date. The course will not go ahead unless there are a sufficient number of participants

APPLICATION DEADLINE: **FRIDAY 17TH SEPTEMBER 2010**

Course Venue: Herefordshire College of Technology, Holme Lacy Campus, Holme Lacy, Hereford, HR2 6LL.

I have enclosed details of the course structure and application form.

YOU CAN NOW APPLY ONLINE BY VISITING

<http://eventspace.thefa.com/herefordshirefa/Level2Oct2010>

I look forward to hearing from you.

Yours in Sport,

Paul

Paul Carpenter
Football Development



County Ground Offices
Widemarsh Common
Hereford HR4 9NA

PRESIDENT
Sir Colin Shepherd

CHAIRMAN
W.E. Shorten

CHIEF EXECUTIVE
J.S. Lambert



Course Information

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- **Minimum Age:** 16
- **Course Duration:** 75 hours
- **Course Prerequisites:** N/A
- **Course aims and objectives:** This nationally recognised qualification will provide candidates who have an ongoing involvement in football, with the opportunity to gain knowledge of how to effectively plan, deliver and evaluate coaching sessions.

Theory: The course will introduce a number of key aspects related to the role of a football coach in working with youth players. These are delivered via home based study tasks and Tutor delivered workshops.

- The roles, skills and qualities of a football coach
- Developing session plans and associated information for planning
- Awareness of safe and organised activities
- Preparation for potential accidents, illnesses and emergencies
- A consideration of coaching styles
- Coaching session evaluation and self-reflection
- Nutritional needs of football players
- Fitness components related to football
- The planning of progressive coaching sessions.

Practical: The practical elements of the course will provide the following:

- The principles of attacking to include creating and exploiting space
- Passing
- Support Play
- Ball Control
- Dribbling
- Running with the ball
- Turning
- Goalkeeping
- Finishing
- Heading
- The principles of defending to include denying and restricting space
- Defensive play when organised and outnumbered

In addition candidates will have the opportunity to undertake two observed practical coaching sessions with their tutor and receive feedback based on selected criteria. This will form the basis of an opportunity to deliver 12 hours of coaching in the candidate's work place to apply the experience gained from the course of training.

Practical Involvement: Candidates will be encouraged to participate practically to maximise their opportunities for learning (This however will not prevent successful completion of the award).

Assessment: Assessment is via successful completion of:

1. All pre-requisites (First Aid/Safeguarding Children/FAL Laws of the Game Online module)
2. All candidate portfolio tasks
3. Practical delivery of a 35 minute practical coaching activity that will be progressed on a specific theme relating to the course syllabus

Re-assessment: Candidates can be reassessed within a 24 month period from registration

Refresher: Every 3 years as specified in The FAL Level 2 CPD and Refresher Policy

Suggested additional learning opportunities:

- [FAL Online Courses: Coaching Children, Running a Club, Futsal Laws of the Game, Soccer Camp Coaches, Planning, Preparing and Evaluating Coaching Sessions, Disciplinary, Fitness in Football Level 1, Psychology for Soccer Level 1, Player and Match Analysis.](#)
- FA Youth Award Module 1 - Developing the Environment
- 1st4sport Level 3 Certificate in Coaching Football (UEFA B)
- FA Goalkeeping Coaching Award (Level 1)
- FA Goalkeeping Coaching Certificate (Level 2)
- FA Goalkeeping B License Course
- Introduction to Futsal Course
- Coaching Disabled Footballers Course
- Education Modules (selection of eight)
- FAL Age Appropriate Coaching - Introductory Module

Equality: FA Learning will ensure that it treats people fairly and with respect and that it will provide access and opportunities for all members of the community to take part in, and enjoy, it's activities in an atmosphere free from harassment, bullying, discrimination or abuse. FA Learning will seek to provide a service which is appropriate to the needs of an individual and to make reasonable adjustments or provide support, where appropriate, to cater for those needs.

Course Application Form and Coaching Profile Part 1 (Not to be used for referee courses)

YOU CAN NOW APPLY ONLINE

<http://eventspace.thefa.com/herefordshirefa/level2oct2010>

Course Title: **1st4sport Level 2 Certificate In Coaching Football**
 Course Start Date: **MONDAY 25TH OCTOBER 2010**
 Application Deadline: **FRIDAY 17TH SEPTEMBER 2010**

Please complete all sections in **BLOCK CAPITALS**. This information will be used to register you as a course participant with the awarding body 1st4sport Qualifications and to enable us to prepare for the delivery of the course when your application for a course place has been confirmed.

*Mandatory information.

Core Information

First name*		Title	
Surname*			
Gender*	Male / Female	Date of Birth*	Age*
Full Postal Address*			
Postcode*		Contact Telephone No.*	Home: Work: Mobile:
Email		National Insurance Number	
Name of club, school or organisation you are with?			
Has your club, school or organisation achieved the FA Charter Standard?			Yes / No

Brief CV of Coaching History and other coaching awards held	
CV summary of other relevant awards held <i>Teacher/other sport coaching awards/Unit D32/D33/A1 etc</i>	
Your Occupation	

Course Details

Course applied for*	1 st 4sport Level 2 Certificate In Coaching Football		
Course Start date*	MONDAY 25TH OCTOBER 2010	Course fee enclosed**	£ 200* / £220**
Please make cheques payable to Herefordshire Football Association Limited			
Course Venue(s)*	Holme Lacy College/HFA	VAT Registered?	Yes / No*
Please include below your preferred FA Emergency Aid Workshop date if applying for a FA Level 1 course place.			
Workshop 1: N/A		Workshop 2: N/A	

*This is the discounted course cost if you are attached to a Herefordshire FA Charter Standard club. Please ensure that you tell us which Herefordshire FA Charter Standard club you are attached to.

** This is the course cost if you are not attached to a Herefordshire FA Charter Standard club.

Course Application Form and Coaching Profile Part 2

Additional Personal Details



Ethnicity*

I would describe my ethnic origin as:

Asian British Bangladeshi	<input type="checkbox"/>	Indian	<input type="checkbox"/>	Other white	<input type="checkbox"/>
Asian British Indian	<input type="checkbox"/>	Mixed White and Asian	<input type="checkbox"/>	Pakistani	<input type="checkbox"/>
Asian British Pakistani	<input type="checkbox"/>	Mixed White and Black African	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>
Bangladeshi	<input type="checkbox"/>	Mixed White and Black Caribbean	<input type="checkbox"/>	White British	<input type="checkbox"/>
Black African	<input type="checkbox"/>	Other	<input type="checkbox"/>	White European	<input type="checkbox"/>
Black British	<input type="checkbox"/>	Other Asian	<input type="checkbox"/>	White Irish	<input type="checkbox"/>
Black Caribbean	<input type="checkbox"/>	Other Black	<input type="checkbox"/>	White Non European	<input type="checkbox"/>
Chinese	<input type="checkbox"/>	Other Mixed Background	<input type="checkbox"/>		

Disability

Do you consider yourself to have a disability?

Yes
No
Prefer not to say

If yes, what is the nature of your disability?

Hearing	<input type="checkbox"/>	Multiple	<input type="checkbox"/>	Mobility	<input type="checkbox"/>	Other	<input type="checkbox"/>
Learning	<input type="checkbox"/>	Visual	<input type="checkbox"/>	Physical	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>

Declaration*

I hold a current recognised Emergency First Aid Certificate	Yes / No*
I hold a current FA Safeguarding Children In Football/FA Child Protection workshop attendance certificate	Yes / No*
I understand that the course I am applying for will require me to participate as a coach and player and I confirm that I am physically prepared to participate.	Yes / No*
Do you have any medical conditions or injuries that might restrict your ability to participate? (If yes please list). <i>If you do consider that you have any medical condition which might limit your participation these should be provided separately and will be treated confidentially.</i>	Yes / No*
Do you have any objection to photographic or video images being taken during the course for the purpose of HFA Football Development promotion including use on the internet?	Yes / No*
I understand that once my application has been accepted and a course place has been allocated to me, the course fee is neither refundable nor transferable unless the course is cancelled by the Herefordshire Football Association.	Yes / No*
I declare that I am fit to participate on this course and acknowledge that I do so at my own risk. The Herefordshire Football Association Ltd, its staff, agents or any authority which provides facilities is under no liability in respect of any injury, loss or damage which I may sustain however caused whilst I am attending the course.	Yes / No*
I agree that should I not attend the scheduled external assessment of course candidates for whatever reason I will be required to pay a further charge of £50.00 to attend an alternative whether that is in Herefordshire or elsewhere.	Yes / No*
Your Name (BLOCK CAPITALS)*	Date:
Your Signature*	Date:
If aged under 18 years of age, please supply name of your parent/guardian (BLOCK CAPITALS)*	Date:
If aged under 18 years of age, please supply signature of your parent/guardian*	Date:

Candidates will only be considered for a course place upon receipt of completed application form and course fee by the HFA on or before the application deadline date. Receipt of completed course application form and course fee does not guarantee a course place. This will be confirmed in writing prior to the start of the course.

Please make cheques payable to: **Herefordshire Football Association Limited.**
 Please send completed course application form with course fee by the advertised application deadline date to: **Paul Carpenter, Herefordshire FA, County Ground Offices, Widemarsh Common, Hereford, HR4 9NA.**