



FREE COURSE PLACES AVAILABLE FA YOUTH AWARD MODULE 1 – DEVELOPING THE ENVIRONMENT



FOCUSING ON THE 5 – 11 AGE GROUPS
6th, 7th, 13th, 14th FEBRUARY 2010

The FA has developed an exciting new range of youth coaching courses that are starting to roll out across the country.

Herefordshire FA Charter Standard clubs are now invited to nominate **ONE** coach initially to attend the **FA MCDONALDS YOUTH AWARD MODULE 1** course scheduled to take place in Hereford by completing and returning the course application by **FRIDAY 15TH JANUARY 2010**.

Module 1 Dates: 6TH, 7TH, 13TH, 14TH FEBRUARY 2010 Time: 9.30am to 5.30pm

Venue: Hereford – To be confirmed

COURSE COST: *FREE* for Herefordshire FA Charter Standard Club / School coaches (*£50 payment required with completed application that will be refunded upon completion of the course)

Additional course places may be made available to your club depending on demand

It is now mandatory for FA Charter Standard clubs to have coaches who have attended the FA Age Appropriate Introductory Module, FA Youth Award Module 1 or FA Youth Award Module 2 courses.



Course Information:

- **Minimum Age:** 16
- **Course Duration:** 32 hours
- **Course Prerequisites:** Minimum FA Level 1 Certificate in Coaching Football or Qualified Teacher (QTS) who has completed the Age Appropriate Coaching - Introductory Module
- **Who is it for:** Aimed at coaches, at all levels, who wish to extend their knowledge of coaching the 5-11 year old player. There are generic strands relating to teaching and learning, motivation and self-esteem that are suitable for most coaches.
- **Course aims and objectives:** The course will provide practical sessions and advice for when coaching this age group and will increase the candidate's knowledge of how to develop their coaching to incorporate the FA 4 corner model. The course will cover technical development and in the physical corner it will offer FUNdamental ideas for the coach to use as well as suggested activities for the development of football specific movements. The important Social and Psychological development of the young player is also examined.
- **Leading to:** FA Youth Award Module 2 - Developing the Practice focusing on 12-16 year old players - coming soon ANDFA Youth Award Module 3 - 'Developing the Player', with emphasis on the 17-21 age group - coming soon.

Course Content:

Theory: The course will introduce some key aspects in the following:

- The importance of the social corner and how it links with the 4 corners.
- How players learn
- Motivation
- Self-Esteem
- Managing Mistakes
- Managing Physical, Technical, Social and Psychological Difference
- Planning Activity

Practical: Practical elements of the course will provide an introduction to:

- Physical corner FUNdamental warm-ups
- Practical activities and games

Practical Involvement: Candidates will be encouraged to participate practically to maximise their opportunities for learning.

Assessment: Course candidates are not assessed at Module 1

Equality: FA Learning will ensure that it treats people fairly and with respect and that it will provide access and opportunities for all members of the community to take part in, and enjoy, its activities in an atmosphere free from harassment, bullying, discrimination or abuse. FA Learning will seek to provide a service which is appropriate to the needs of an individual and to make reasonable adjustments or provide support, where appropriate, to cater for those needs.

Course Application Form and Coaching Profile Part 1



Course Title: **FREE FA YOUTH AWARD MODULE 1 COURSE**
 Course Start Date: **SATURDAY 6TH FEBRUARY 2010**
 Application Deadline: **FRIDAY 15TH JANUARY 2010**

Please complete all sections in **BLOCK CAPITALS**. This information will be used to register you as a course participant with the awarding body 1st4sport Qualifications and to enable us to prepare for the delivery of the course when your application for a course place has been confirmed.
 *Mandatory information.

Core Information

First name*		Title	
Surname*			
Gender*	Male / Female	Date of Birth*	Age*
Full Postal Address*			
Postcode*		Contact Telephone No.*	Home: Work: Mobile:
Email		National Insurance Number	
Name of club, school or organisation you are with?			
Has your club, school or organisation achieved the FA Charter Standard?			Yes / No

Brief CV of Coaching History and other coaching awards held	
CV summary of other relevant awards held <i>Teacher/other sport coaching awards/Unit D32/D33/A1 etc</i>	
Your Occupation	

Course Details

Course applied for*	FREE FA MCDONALDS YOUTH AWARD MODULE 1		
Course Start date*	6 TH FEBRUARY 2009	*£50 refundable fee*	YES / NO
Please make cheques payable to NOT APPLICABLE			
Course Venue(s)*	Hereford - TBC	VAT Registered?	Yes / No*
Please include below your preferred FA Emergency Aid Workshop date if applying for a FA Level 1 course place.			
Workshop 1: NOT APPLICABLE		Workshop 2: NOT APPLICABLE	

Course Application Form and Coaching Profile Part 2



Additional Personal Details

Ethnicity*

I would describe my ethnic origin as:

Asian British Bangladeshi	<input type="checkbox"/>	Indian	<input type="checkbox"/>	Other white	<input type="checkbox"/>
Asian British Indian	<input type="checkbox"/>	Mixed White and Asian	<input type="checkbox"/>	Pakistani	<input type="checkbox"/>
Asian British Pakistani	<input type="checkbox"/>	Mixed White and Black African	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>
Bangladeshi	<input type="checkbox"/>	Mixed White and Black Caribbean	<input type="checkbox"/>	White British	<input type="checkbox"/>
Black African	<input type="checkbox"/>	Other	<input type="checkbox"/>	White European	<input type="checkbox"/>
Black British	<input type="checkbox"/>	Other Asian	<input type="checkbox"/>	White Irish	<input type="checkbox"/>
Black Caribbean	<input type="checkbox"/>	Other Black	<input type="checkbox"/>	White Non European	<input type="checkbox"/>
Chinese	<input type="checkbox"/>	Other Mixed Background	<input type="checkbox"/>		

Disability

Do you consider yourself to have a disability?

Yes
No
Prefer not to say

If yes, what is the nature of your disability?

Hearing	<input type="checkbox"/>	Multiple	<input type="checkbox"/>	Mobility	<input type="checkbox"/>	Other	<input type="checkbox"/>
Learning	<input type="checkbox"/>	Visual	<input type="checkbox"/>	Physical	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>

Declaration*

I hold a current recognised Emergency First Aid Certificate (Please send a certificate copy with this application).	Yes / No*
I hold a current FA Safeguarding Children In Football/FA Child Protection workshop attendance certificate (Please send a certificate copy with this application).	Yes / No*
I understand that the course I am applying for will require me to participate as a coach and player and I confirm that I am physically prepared to participate.	Yes / No*
Do you have any medical conditions or injuries that might restrict your ability to participate? (If yes please list). <i>If you do consider that you have any medical condition which might limit your participation these should be provided separately and will be treated confidentially.</i>	Yes / No*
Do you have any objection to photographic or video images being taken during the course for the purpose of HFA Football Development promotion including use on the internet?	Yes / No*
I understand that once my application has been accepted and a course place has been allocated to me, the course fee is neither refundable nor transferable unless the course is cancelled by the Herefordshire Football Association.	Yes / No*
I declare that I am fit to participate on this course and acknowledge that I do so at my own risk. The Herefordshire Football Association Ltd, its staff, agents or any authority which provides facilities is under no liability in respect of any injury, loss or damage which I may sustain however caused whilst I am attending the course.	Yes / No*
Your Name (BLOCK CAPITALS)*	Date:
Your Signature*	Date:
If aged under 18 years of age, please supply name of your parent/guardian (BLOCK CAPITALS)*	Date:
If aged under 18 years of age, please supply signature of your parent/guardian*	Date:

Candidates will only be considered for a course place upon receipt of completed course application forms and course fee if applicable. Receipt of completed course application form and course fee does not guarantee a course place. This will be confirmed in writing prior to the start of the course.

Please send completed course application forms and course fee by the advertised application deadline date to: **Paul Carpenter, Herefordshire FA, County Ground Offices, Widemarsh Common, Hereford, HR4 9NA. Email paul.carpenter@herefordshirefa.com**