

# FA Charter Standard Clubs FREE FA McDonalds Mentoring Course



‘Helping coaches and young leaders to develop in a positive environment’

This new course is designed to support those who wish to develop their mentoring skills, to understand the role of the mentor, to develop the interpersonal skills required to become an effective mentor as well as developing reflection as a learning tool. It supports participants to develop skills in a safe and positive environment. The course supports the FAs strategic goal to raise standards.

**\* The new FA Charter Standard Club criteria now requires FA Charter Standard clubs to have one club member who has attended the FA McDonalds Mentoring course by July 2011. As this course is free, it is a great opportunity for FA Charter Standard clubs to fulfil this requirement free of charge.**

**Course Date:**

Sunday 30th May 2010

**Time:**

10.00am to 4pm

**Course application deadline: Friday 14<sup>th</sup> May 2010**

**Venue:**

Herefordshire Football Association, County Ground Offices,  
Widemarsh Common, Hereford, HR4 9NA

**Course Cost: FREE**

Yours in Sport

***Paul***

Paul Carpenter

Herefordshire Football Association

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# FA McDonalds Mentoring Course

## Course Information:

- **Minimum Age:** 16 years
- **Course Duration:** 6 hours
- **Course Prerequisites:** Coaching holding a minimum of the FA Level 1 Certificate in Coaching Football course including in-date FA Emergency Aid and FA Safeguarding Children in Football certificates. Demonstrate a depth of knowledge and experience of coaching players.
- **Who is it for:** Coaches providing support to other football coaches and young leaders in a mentoring capacity.
- **Course aims and objectives:** The course is designed to support those who wish to develop their mentoring skills, to understand the role of the Mentor, to develop the interpersonal skills required to become an effective mentor as well as developing reflection as a learning tool. It supports participants to develop skills in a safe and positive environment. The course supports the FAs strategic goal to raise standards.

## Course Content: The course will address the following:

- Understanding the role of the Mentor and principles of effective mentoring
- Understanding and appreciating the required interpersonal skills of the Mentor
- Exploring strategies for mentoring
- Demonstrating the ability to use core mentoring interpersonal skills, observation, giving accurate feedback, active listening, questioning and reflection.
- Understanding mentoring assessment, feedback, and goal setting processes
- Considering the importance of reflection as a tool for learning
- Exploring Continued Professional Development and reflective Action Planning opportunities for Mentors to consider their future development

**Practical Involvement:** There is no practical (i.e. on-field) aspect to the course.

**Assessment:** There is no formal assessment; the progress of learners is monitored through the group activities and discussions.

**Re-assessment:** N/A

**Refresher:** Continued Professional Development Opportunities

## Suggested additional learning opportunities:

- FA Mentoring for Success
- FA Youth Award Module 1 - Developing the Environment
- FA Youth Award Module 2 - Developing the Practice
- Age Appropriate Coaching - Introductory Module
- Coaching Disabled Footballers

**Equality:** FA Learning will ensure that it treats people fairly and with respect and that it will provide access and opportunities for all members of the community to take part in, and enjoy, its activities in an atmosphere free from harassment, bullying, discrimination or abuse. FA Learning will seek to provide a service which is appropriate to the needs of an individual and to make reasonable adjustments or provide support, where appropriate, to cater for those needs.

# The ideal person to mentor coaches and young leaders

## Why?

Following the introduction of the FA Mentoring Coaches course which is initially aimed at both existing and aspiring FA Charter Standard Community/Development Clubs, it is imperative that where possible, the candidates selected and nominated are people from within the club environment and who would be best suited to work effectively and productively on this worthwhile project. Therefore, please look through the specification below as an aid and a guide to help with this process.

## What do I need?

### Criteria

- Be linked with, or involved within a FA Charter Standard football club
- Be currently active and supportive within a club environment
- Be passionate about the furtherance and development of the club and its members, coaches and players
- Have a reasonable knowledge of the club structure and members.

### Personal Skills

- Be able to commit time and effort to the mentoring process
- Possess both Listening and communication skills
- Be able to show empathy have patience and offer constructive feedback to club members
- Be open minded and constructive
- To be able to evaluate and reflect objectively
- Ability to plan and set targets
- Be able to display trust and confidentiality within the club environment

### Desirable skills/Knowledge

- Experience of mentoring in either a football or work based environment
- Knowledge of current FA initiatives/Qualifications
- Coaching experience

Please note that the candidate will also have the support of the FA Tutor and Herefordshire Football Association during the process.

***'Mentoring is a brain to pick, an ear to listen, and a push in the right direction'***

# Course Application Form and Coaching Profile Part 1



Course Title: **FA MCDONALDS MENTORING COURSE**  
 Course Start Date: **SUNDAY 30<sup>TH</sup> MAY 2010**  
 Application Deadline: **FRIDAY 14<sup>TH</sup> MAY 2010**

Please complete all sections in **BLOCK CAPITALS**. This information will be used to register you as a course participant with the awarding body 1st4sport Qualifications and to enable us to prepare for the delivery of the course when your application for a course place has been confirmed.

\*Mandatory information.

## Core Information

First name*		Title	
Surname*			
Gender*	Male / Female	Date of Birth*	Age*
Full Postal Address*			
Postcode*		Contact Telephone No.*	Home: Work: Mobile:
Email		National Insurance Number	
Name of club, school or organisation you are with?			
Has your club, school or organisation achieved the FA Charter Standard?			Yes / No

Brief CV of Coaching History and other coaching awards held	
CV summary of other relevant awards held <i>Teacher/other sport coaching awards/Unit D32/D33/A1 etc</i>	
Your Occupation	

## Course Details

Course applied for*	FA MCDONALDS MENTORING COURSE		
Course Start date*	30 <sup>TH</sup> MAY 2010	Course Cost:	FREE
Please make cheques payable to: NOT APPLICABLE			
Course Venue(s)*	Herefordshire FA, Hereford	VAT Registered?	Yes / No*
<b>Please include below your preferred FA Emergency Aid Workshop date if applying for a FA Level 1 course place.</b>			
<b>Workshop 1: NOT APPLICABLE</b>		<b>Workshop 2: NOT APPLICABLE</b>	

# Course Application Form and Coaching Profile Part 2



## Additional Personal Details

### Ethnicity\*

I would describe my ethnic origin as:

Asian British Bangladeshi	<input type="checkbox"/>	Indian	<input type="checkbox"/>	Other white	<input type="checkbox"/>
Asian British Indian	<input type="checkbox"/>	Mixed White and Asian	<input type="checkbox"/>	Pakistani	<input type="checkbox"/>
Asian British Pakistani	<input type="checkbox"/>	Mixed White and Black African	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>
Bangladeshi	<input type="checkbox"/>	Mixed White and Black Caribbean	<input type="checkbox"/>	White British	<input type="checkbox"/>
Black African	<input type="checkbox"/>	Other	<input type="checkbox"/>	White European	<input type="checkbox"/>
Black British	<input type="checkbox"/>	Other Asian	<input type="checkbox"/>	White Irish	<input type="checkbox"/>
Black Caribbean	<input type="checkbox"/>	Other Black	<input type="checkbox"/>	White Non European	<input type="checkbox"/>
Chinese	<input type="checkbox"/>	Other Mixed Background	<input type="checkbox"/>		

### Disability

Do you consider yourself to have a disability?

Yes
No
Prefer not to say

If yes, what is the nature of your disability?

Hearing	<input type="checkbox"/>	Multiple	<input type="checkbox"/>	Mobility	<input type="checkbox"/>	Other	<input type="checkbox"/>
Learning	<input type="checkbox"/>	Visual	<input type="checkbox"/>	Physical	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>

### Declaration\*

I hold a current recognised <b>Emergency First Aid Certificate</b> (Please send a certificate copy with this application).	Yes / No*
I hold a current <b>FA Safeguarding Children In Football/FA Child Protection workshop attendance certificate</b> (Please send a certificate copy with this application).	Yes / No*
I understand that the course I am applying for will require me to participate as a coach and player and I confirm that I am physically prepared to participate.	Yes / No*
Do you have any medical conditions or injuries that might restrict your ability to participate? (If yes please list). <i>If you do consider that you have any medical condition which might limit your participation these should be provided separately and will be treated confidentially.</i>	Yes / No*
Do you have any objection to photographic or video images being taken during the course for the purpose of HFA Football Development promotion including use on the internet?	Yes / No*
I understand that once my application has been accepted and a course place has been allocated to me, the course fee is neither refundable nor transferable unless the course is cancelled by the Herefordshire Football Association.	Yes / No*
I declare that I am fit to participate on this course and acknowledge that I do so at my own risk. The Herefordshire Football Association Ltd, its staff, agents or any authority which provides facilities is under no liability in respect of any injury, loss or damage which I may sustain however caused whilst I am attending the course.	Yes / No*
Your Name (BLOCK CAPITALS)*	Date:
Your Signature*	Date:
If aged under 18 years of age, please supply name of your parent/guardian (BLOCK CAPITALS)*	Date:
If aged under 18 years of age, please supply signature of your parent/guardian*	Date:

**Candidates will only be considered for a course place upon receipt of completed course application forms and course fee if applicable. Receipt of completed course application form and course fee does not guarantee a course place. This will be confirmed in writing prior to the start of the course.**

Please send completed course application forms and course fee by the advertised application deadline date to: **Paul Carpenter, Herefordshire FA, County Ground Offices, Widemarsh Common, Hereford, HR4 9NA. Email [paul.carpenter@herefordshirefa.com](mailto:paul.carpenter@herefordshirefa.com)**